

Rakotinečko oro

(Macedonia)

Pronunciation:

Cassette: "Macedonian Songs and Dances" AK016 Side B/5

Rhythm: 7/16 meter: 1-2,1-2,1-2-3, counted as 1,2,3 (Q,Q,S).

Formation: "V" position, mixed line.

Meas

Pattern

PART 1.

- 1 Facing and moving LOD, step on R fwd (ct 1); step on L fwd (ct 2); step on R fwd (ct 3).
- 2 Leap on L fwd (ct 1); step on R fwd (ct 2); step L,R fwd (ct 3).
- 3 Repeat meas 2 with opp ftwk.
- 4 Leap on L fwd (ct 1); step on R fwd (ct 2); čukče on R (ct 3); step on L fwd (ct &).
- 5 "W" hold, facing ctr, step on R fwd (ct 1); step on L fwd (ct 2); čukče on L (ct 3).
- 6 Step on R bkwd (ct 1); step on L bkwd (ct 2); čukče on L (ct 3).
- 7-8 Repeat meas 5-6.

PART 2.

- 1 "V" hold, facing LOD, leap on R fwd, lift L side of R (ct 1); hold (ct 2); step L,R fwd (ct 3).
- 2 Repeat meas 1 with opp ftwk.
- 3-4 Repeat meas 1-2.
- 5 "W" hold, facing ctr, hop on L (ct 1); step on R to R (ct 2); step on L in front of R (ct 3); step back on R (ct &).
- 6 Repeat meas 5 with opp ftwk.
- 7-8 Repeat meas 5-6.

PART 3.

- 1 "V" hold, facing and moving LOD, step on R fwd (ct 1); step on L fwd (ct 2); step R,L (ct 3).
- 2 Facing ctr, step on R bkwd (ct 1); step on L bkwd (ct 2); čukče on L (ct 3); step on R bkwd (ct &).
- 3 Touch L to L (cts 1,2); step on L in front of R (ct 3); step on R in place (ct &).
- 4 Hop on R and kick L fwd (ct 1); step on L in place (ct 2); step on R in place (ct 3); step on L in front of R and face LOD (ct &).

PART 4.

- 1-2 Repeat Part 3, meas 1-2.
- 3 Face ctr, leap on L in place and lift R knee in front (ct 1); step on R to R (ct 2); step on L fwd (ct 3); step bkwd on R (ct &).
- 4 Repeat Part 3, meas 4.

SEQUENCE: Part 1x3, Part 2x4, Part 3x5, Part 4x4.

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